

3rd Long Race
25th January 2020

Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run
Dan Smith	158	01:10:06	Senior Long	00:12:08	00:00:53	00:34:25	00:00:46	00:21:56
Tony Hall	116	01:12:11	Senior Long	00:12:33	00:00:29	00:34:23	00:00:44	00:24:05
Graham Hopkinson	147	01:17:52	Senior Long	00:14:37	00:00:35	00:37:49	00:00:41	00:24:12
Mitch Alexander	109	01:23:30	Senior Long	00:15:04	00:01:09	00:40:03	00:00:29	00:26:46
Marnie Buckley	210	01:23:49	Senior Long	00:13:16	00:00:49	00:41:01	00:00:42	00:28:03
Jeanette Annett	231	01:24:43	Senior Long	00:14:17	00:00:35	00:41:48	00:00:48	00:27:17
Karen Matthews	214	01:27:35	Senior Long	00:14:32	00:00:46	00:44:47	00:01:13	00:26:18
Kelly Northeast	208	01:28:48	Senior Long	00:17:51	00:00:41	00:43:05	00:00:41	00:26:31
Craig Hoddinott	145	01:30:25	Senior Long	00:15:20	00:01:00	00:45:53	00:01:08	00:27:05
Chris Goudkamp	111	01:32:44	Senior Long	00:14:34	00:00:56	00:44:13	00:01:07	00:31:56
Tania Penrose	201	01:34:41	Senior Long	00:17:04	00:00:44	00:47:32	00:00:27	00:28:56
Elisha Dejong	209	01:42:33	Senior Long	00:18:01	00:00:45	00:47:39	00:01:18	00:34:52
Sharnah Bowen	206	01:42:46	Senior Long	00:17:05	00:00:57	00:47:27	00:01:15	00:36:04
Joan Gibbons	204	DNF	Senior Long	00:19:06	00:00:52	00:46:09	00:01:13	
Gabriella Hill	215	1:20:12	Senior Female					
Karen Walker	203	01:28:26	Senior Female	00:16:12	00:00:59	00:37:59	00:01:03	00:32:14
Dylan Jankowski	351	00:34:24	Intermediate Open	00:05:29	00:01:17	00:16:07	00:00:42	00:10:52
Patrick Kee	325	00:34:49	Intermediate Open	00:05:04	00:00:48	00:15:54	00:00:28	00:12:37
David Kee	305	00:36:17	Intermediate Open	00:06:37	00:01:31	00:15:02	00:00:32	00:12:37
Richard Wellm	326	00:36:50	Intermediate Open	00:06:08	00:01:23	00:16:33	00:00:34	00:12:14
Tahl Jenkins	316	00:38:35	Intermediate Open	00:06:31	00:01:29	00:15:59	00:00:56	00:13:42
Ben Hendrikse	85	0:39:54	Intermediate Open					
Flynn Jones	73	0:39:54	Intermediate Open					
Joshua Jankowski	339	00:42:57	Intermediate Open	00:06:21	00:01:08	00:20:13	00:00:37	00:14:39
Xane Bowen	337	00:54:43	Intermediate Long	00:07:32	00:00:31	00:27:19	00:00:39	00:18:44
Hamish Procter	306	00:58:27	Intermediate Long	00:08:49	00:00:29	00:29:17	00:00:32	00:19:22
Tyrone Woods	319	01:03:53	Intermediate Long	00:08:25	00:00:56	00:29:12	00:00:33	00:24:48
Asha Pearson	453	01:09:01	Intermediate Long	00:11:14	00:00:47	00:33:48	00:00:33	00:22:41
Thomas Lindley	318	01:09:15	Intermediate Long	00:14:17	00:01:05	00:36:54	00:01:21	00:15:40
Alex Wellm	310	01:10:48	Intermediate Long	00:09:11	00:00:48	00:34:55	00:00:38	00:25:18
Colin Loughman	311	01:13:00	Intermediate Long	00:11:57	00:02:35	00:33:32	00:00:38	00:24:20
Castro Pearson	315	01:16:34	Intermediate Long	00:11:00	00:00:55	00:36:12	00:00:31	00:27:58
Laura-Jean Murray	410	00:32:06	Intermediate Female	00:06:05	00:00:59	00:15:01	00:00:37	00:09:25
Sasha Hendrikse	414	00:32:47	Intermediate Female	00:05:01	00:00:49	00:15:52	00:00:32	00:10:33
Naomi Hooper	216	00:33:33	Intermediate Female	00:04:13	00:00:57	00:15:51	00:00:50	00:11:43
Rachael Marks	403	00:34:35	Intermediate Female	00:04:58	00:01:00	00:15:05	00:00:46	00:12:48
Vanessa Chaffey	402	00:36:25	Intermediate Female	00:06:15	00:00:40	00:15:18	00:00:51	00:13:23
Makala Dejong	443	00:37:42	Intermediate Female	00:05:39	00:00:45	00:16:56	00:00:30	00:13:53
Amity Chaffey	428	00:39:54	Intermediate Female	00:05:36	00:00:44	00:17:03	00:00:46	00:15:48
Jodie Smith	411	00:41:01	Intermediate Female	00:06:57	00:01:33	00:19:14	00:00:42	00:12:37