| Name | Time | Swim | Cycle | Run |
| :--- | :--- | :--- | :--- | :--- |
| Cameron Van Eck | $00: 13: 15$ | $00: 02: 32$ | $00: 05: 22$ | $00: 05: 22$ |
| Chad Whyte | $00: 14: 19$ | $00: 04: 43$ | $00: 04: 45$ | $00: 04: 52$ |
| Ryan Whyte | $00: 15: 00$ | $00: 04: 45$ | $00: 04: 21$ | $00: 05: 54$ |
| Milly Simpson | $00: 17: 49$ | $00: 06: 00$ | $00: 03: 59$ | $00: 07: 51$ |

