## 5th Long Race 23rd February 2019

Jarred Carney	Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run
Laura Leimola 219 1:01:56 Senior Open ? ? ? ? ?   Karen Walker 203 01:25:30 Senior Open 00:14:58 00:00:59 00:38:05 00:01:04 00:32:02   Dan Smith 158 01:08:45 Senior Long 00:12:35 00:00:30 00:38:58 00:00:40 00:11:63   Robert Davis 102 01:17:26 Senior Long 00:16:25 00:00:50 00:38:58 00:00:40 00:23:30   Brett Quantrill 141 01:19:05 Senior Long 00:16:36 00:00:30 00:40:00 00:00:28 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:30 00:40:10 00:00:50 00:00:50 00:00:50 00:00:50 00:00:40:10 00:00:40:10 00:00:40 00:00:40 00:00:40:10 00:00:40 00:00:40:10 00:00:40 </th <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th>_</th> <th></th> <th></th>							_		
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Robert Davis   102	Dan Smith	158	01:08:45	Senior Long	00:11:53	00:00:31	00:35:52	00:00:38	00:19:53
Graham Hopkinson 147 01:19:01 Senior Long 00:14:27 00:00:42 00:39:55 00:00:30 00:023:30   Brett Quantrill 141 01:19:58 Senior Long 00:15:36 00:00:35 00:40:40 00:00:53 00:25:31   Daniel Bice 112 01:23:22 Senior Long 00:15:36 00:00:33 00:41:20 00:00:55 00:27:34   Craig Hoddinott 145 01:32:20 Senior Long 00:16:38 00:00:00 00:44:30 00:00:56 00:27:34   Chris Goudkamp 111 01:32:24 Senior Long 00:16:30 00:00:38 00:46:13 00:01:12 00:32:00 00:32:00 00:33:00 00:01:12 00:00:46 00:01:12 00:03:20 00:01:12 00:00:46 00:01:12 00:00:46 00:01:12 00:00:46 00:01:12 00:00:46 00:01:12 00:00:03 00:01:12 00:00:03 00:01:12 00:00:03:00 00:01:12 00:00:03:00 00:01:12 00:00:03:00 00:01:12 00:00:03:00 00:01:12 00:00:03:00 00:01:12 <td>Steve Sheather</td> <td>115</td> <td>1:17:05</td> <td>Senior Long</td> <td>?</td> <td>?</td> <td>?</td> <td></td> <td></td>	Steve Sheather	115	1:17:05	Senior Long	?	?	?		
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Elisha Dejong   209	Chris Goudkamp	111	01:32:25	Senior Long	00:14:26	00:00:54	00:44:13	00:00:58	00:31:55
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