# 5th Long Race <br> 23rd February 2019 

| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Jared Carney | 140 | 0:53:01 | Senior Open | ? | ? | ? | ? | ? |
| Laura Leimola | 219 | 1:01:56 | Senior Open | ? | ? | ? | ? | ? |
| Karen Walker | 203 | 01:25:30 | Senior Open | 00:14:58 | 00:00:59 | 00:38:05 | 00:01:04 | 00:30:26 |
| Dan Smith | 158 | 01:08:45 | Senior Long | 00:11:53 | 00:00:31 | 00:35:52 | 00:00:38 | 00:19:53 |
| Steve Sheather | 115 | 1:17:05 | Senior Long | ? | ? | ? |  |  |
| Robert Davis | 102 | 01:17:26 | Senior Long | 00:12:35 | 00:00:50 | 00:38:58 | 00:00:49 | 00:24:15 |
| Graham Hopkinson | 147 | 01:19:01 | Senior Long | 00:14:27 | 00:00:42 | 00:39:55 | 00:00:30 | 00:23:30 |
| Brett Quantrill | 141 | 01:19:58 | Senior Long | 00:15:37 | 00:00:35 | 00:40:40 | 00:00:28 | 00:22:39 |
| Daniel Bice | 112 | 01:23:22 | Senior Long | 00:15:36 | 00:00:53 | 00:40:50 | 00:00:53 | 00:25:11 |
| Jeanette Annett | 231 | 01:24:20 | Senior Long | 00:14:08 | 00:00:33 | 00:41:12 | 00:00:55 | 00:27:34 |
| Craig Hoddinott | 145 | 01:32:00 | Senior Long | 00:15:39 | 00:01:00 | 00:47:59 | 00:00:56 | 00:26:28 |
| Chris Goudkamp | 111 | 01:32:25 | Senior Long | 00:14:26 | 00:00:54 | 00:44:13 | 00:00:58 | 00:31:55 |
| Ross Woodward | 110 | 01:32:41 | Senior Long | 00:13:02 | 00:00:38 | 00:45:51 | 00:01:12 | 00:32:00 |
| Elisha Dejong | 209 | 01:36:32 | Senior Long | 00:16:15 | 00:00:39 | 00:48:42 | 00:00:46 | 00:30:13 |
| Sharnah Bowen | 206 | 01:46:03 | Senior Long | 00:19:02 | 00:01:12 | 00:49:04 | 00:01:16 | 00:35:31 |
| Xane Bowen | 337 | 00:28:43 | Intermediate Open | 00:04:11 | 00:00:29 | 00:14:11 | 00:00:43 | 00:09:11 |
| Jet Tunsted | 336 | 00:30:36 | Intermediate Open | 00:05:02 | 00:00:34 | 00:15:02 | 00:00:40 | 00:09:19 |
| Asha Pearson | 453 | 00:32:55 | Intermediate Open | 00:05:25 | 00:00:58 | 00:16:42 | 00:00:25 | 00:09:27 |
| Lachlan Sheather | 115 | 00:34:33 | Intermediate Open | 00:05:07 | 00:01:49 | 00:16:09 | 00:00:36 | 00:10:54 |
| Sean Carney | 322 | 00:34:50 | Intermediate Open | 00:04:32 | 00:01:51 | 00:17:43 | 00:00:37 | 00:10:09 |
| Hudson Bosnich | 350 | 00:34:50 | Intermediate Open | 00:05:26 | 00:00:48 | 00:17:52 | 00:00:36 | 00:10:10 |
| Anthony Carney | 343 | 00:35:32 | Intermediate Open | 00:06:12 | 00:01:23 | 00:16:58 | 00:00:37 | 00:10:25 |
| Xavier Davis | 347 | 00:37:34 | Intermediate Open | 00:06:03 | 00:01:17 | 00:18:56 | 00:00:38 | 00:10:42 |
| David Walsh | 329 | 00:45:23 | Intermediate Open | 00:10:21 | 00:00:39 | 00:19:04 | 00:00:57 | 00:14:23 |
| William Quantrill | 313 | 01:07:46 | Intermediate Long | 00:12:01 | 00:00:58 | 00:33:41 | 00:00:25 | 00:20:43 |
| Miranda Quantrill | 436 | 01:07:59 | Intermediate Long | 00:10:32 | 00:00:47 | 00:35:23 | 00:00:24 | 00:20:55 |
| Tania Penrose | 456 | 01:08:22 | Intermediate Long | 00:10:46 | 00:00:45 | 00:32:28 | 00:00:30 | 00:23:56 |
| Colin Loughman | 311 | 01:10:12 | Intermediate Long | 00:11:42 | 00:02:32 | 00:33:06 | 00:00:40 | 00:22:14 |
| Emma Loughman | 446 | 01:11:24 | Intermediate Long | 00:10:22 | 00:01:06 | 00:34:11 | 00:00:43 | 00:25:04 |
| Tahl Jenkins | 332 | 01:13:33 | Intermediate Long | 00:12:16 | 00:01:54 | 00:32:27 | 00:01:29 | 00:25:30 |
| Hayley Bendl | 426 | 00:29:09 | Intermediate Female | 00:03:42 | 00:00:52 | 00:14:55 | 00:00:30 | 00:09:12 |
| Felicity Noble | 407 | 00:32:25 | Intermediate Female | 00:04:11 | 00:00:43 | 00:16:07 | 00:00:25 | 00:11:01 |
| Caitlyn Bice | 437 | 0:34:32 | Intermediate Female | 00:09:33 | 00:01:09 | 00:21:03 | 00:00:50 | ? |
| Alyssa Carney | 451 | 00:35:31 | Intermediate Female | 00:04:46 | 00:01:24 | 00:18:45 | 00:00:35 | 00:10:03 |
| Priscilla Davis | 457 | 00:36:41 | Intermediate Female | 00:06:04 | 00:01:15 | 00:16:32 | 00:00:59 | 00:11:53 |
| Joan Gibbons | 423 | 00:37:38 | Intermediate Female | 00:06:45 | 00:02:23 | 00:16:38 | 00:01:12 | 00:10:42 |
| Heather Whyte | 408 | 00:37:39 | Intermediate Female | 00:06:50 | 00:00:41 | 00:17:38 | 00:00:42 | 00:11:51 |
| Jennie Cupitt | 422 | 00:37:49 | Intermediate Female | 00:07:54 | 00:00:39 | 00:17:29 | 00:00:38 | 00:11:10 |
| Trish Quantrill | 405 | 00:38:40 | Intermediate Female | 00:07:17 | 00:00:45 | 00:16:41 | 00:00:43 | 00:13:17 |
| Kaitelyn Walton | 434 | 00:39:58 | Intermediate Female | 00:06:31 | 00:02:03 | 00:17:12 | 00:00:47 | 00:13:25 |
| Mary Woodward | 450 | 00:44:01 | Intermediate Female | 00:08:05 | 00:01:12 | 00:19:01 | 00:00:51 | 00:14:53 |
| Summer Gibbons | 438 | 00:52:53 | Intermediate Female | 00:07:04 | 00:02:11 | 00:27:42 | 00:00:51 | 00:15:08 |

