4th December 2021

| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run | Place |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Matt Hill | 113 | 00:59:31 | Senior Open | 00:10:35 | 00:00:52 | 00:28:57 | 00:00:36 | 00:18:29 | 1 |
| Brett Quantrill | 141 | 00:59:20 | Senior Open | 00:10:22 | 00:00:39 | 00:27:44 | 00:00:29 | 00:20:05 | 2 |
| Daniel Bice | 112 | 00:59:41 | Senior Open | 00:10:43 | 00:00:59 | 00:26:48 | 00:00:47 | 00:20:21 | 3 |
| Matt Lamont | 106 | 00:47:26 | Senior Open | 00:07:06 | 00:00:33 | 00:22:51 | 00:00:33 | 00:16:21 | 4 |
| Craig Hoddinott | 145 | 01:02:52 | Senior Open | 00:10:29 | 00:00:54 | 00:29:50 | 00:00:33 | 00:21:05 |  |
| Ross Woodward | 110 | 00:58:32 | Senior Open | 00:09:21 | 00:00:41 | 00:26:11 | 00:00:51 | 00:21:26 |  |
| James Simpson | 125 | 00:59:08 | Senior Open | 00:09:50 | 00:00:42 | 00:28:40 | 00:01:02 | 00:18:53 |  |
| Peter Blair | 102 | 01:04:03 | Senior Open | 00:10:17 | 00:01:36 | 00:31:24 | 00:00:34 | 00:20:10 |  |
| Chris Goudkamp | 111 | 01:05:56 | Senior Open | 00:10:11 | 00:01:00 | 00:28:47 | 00:00:57 | 00:25:00 |  |
| Tahl Jenkins | 126 | 01:04:50 | Senior Open | 00:12:22 | 00:00:59 | 00:26:30 | 00:01:01 | 00:23:57 |  |
| Lisa Adams | 213 | 01:03:29 | Senior Female | 00:08:56 | 00:01:02 | 00:30:54 | 00:00:43 | 00:21:52 | 1 |
| Sera Graham | 212 | 00:59:16 | Senior Female | 00:09:02 | 00:00:33 | 00:28:02 | 00:00:34 | 00:21:03 | 2 |
| Joan Gibbons | 204 | 01:06:00 | Senior Female | 00:12:40 | 00:00:51 | 00:28:33 | 00:00:55 | 00:22:59 | 3 |
| Yolande Ross | 214 | 01:02:07 | Senior Female | 00:11:56 | 00:01:26 | 00:29:02 | 00:00:54 | 00:18:48 | 4 |
| Elisha Dejong | 209 | 01:06:36 | Senior Female | 00:10:49 | 00:00:37 | 00:30:37 | 00:00:50 | 00:23:40 |  |
| Tania Penrose | 201 | 01:07:42 | Senior Female | 00:11:32 | 00:01:00 | 00:30:39 | 00:00:50 | 00:23:39 |  |
| Melissa Noble | 207 | 1:07:43 | Senior Female | 0:10:02 | 00:01:01 | 00:30:51 | 00:00:58 | 00:24:49 |  |
| Mitch Alexander | 358 | 00:34:30 | Intermediate Open | 00:05:06 | 00:01:23 | 00:16:10 | 00:00:44 | 00:11:05 |  |
| Cooper Alexander | 357 | 00:34:30 | Intermediate Open | 00:05:15 | 00:01:26 | 00:16:02 | 00:00:38 | 00:11:08 | 1 |
| Alex Wellm | 310 | 00:30:14 | Intermediate Open | 00:03:58 | 00:00:43 | 00:15:30 | 00:00:24 | 00:09:38 | 2 |
| Blake Van Eck | 311 | 00:33:49 | Intermediate Open | 00:05:54 | 00:01:08 | 00:16:03 | 00:00:42 | 00:09:59 | 3 |
| Jack Cupitt | 352 | 00:30:52 | Intermediate Open | 00:05:17 | 00:01:01 | 00:14:46 | 00:00:27 | 00:09:20 | 4 |
| Graham Hopkinson | 304 | 00:37:01 | Intermediate Open | 00:05:00 | 00:01:31 | 00:21:02 | 00:00:56 | 00:08:31 |  |
| David Kee | 305 | 00:35:11 | Intermediate Open | 00:06:26 | 00:01:07 | 00:14:22 | 00:00:33 | 00:12:41 |  |
| Dylan Jankowski | 351 | 00:33:32 | Intermediate Open | 00:06:50 | 00:02:04 | 00:14:29 | 00:00:42 | 00:09:25 |  |
| Richard Wellm | 326 | 00:37:18 | Intermediate Open | 00:06:53 | 00:00:49 | 00:16:48 | 00:00:33 | 00:12:14 |  |
| Patrick Kee | 325 | 00:30:02 | Intermediate Open | 00:05:02 | 00:00:48 | 00:14:23 | 00:00:26 | 00:09:22 |  |
| Lachlan Newman | 309 | 00:29:14 | Intermediate Open | 00:04:37 | 00:00:28 | 00:13:54 | 00:00:37 | 00:09:37 |  |
| Nicholas Walton | 332 | 0:36:13 | Intermediate Open | 0:05:22 | 00:01:26 | 00:17:52 | 00:00:34 | 00:10:57 |  |
| Lawrence Kee | 302 | 00:38:28 | Intermediate Open | 00:05:56 | 00:01:03 | 00:18:00 | 00:00:34 | 00:12:53 |  |
| Emily Walton | 427 | 00:28:44 | Intermediate Female | 00:07:10 | 00:01:28 | 00:12:03 | 00:00:45 | 00:07:15 |  |
| Sharnah Bowen | 419 | 00:36:42 | Intermediate Female | 00:06:21 | 00:00:59 | 00:15:30 | 00:01:27 | 00:12:23 |  |
| Liz Simpson | 435 | 00:35:33 | Intermediate Female | 00:06:03 | 00:01:13 | 00:17:18 | 00:00:31 | 00:10:25 | 1 |
| Juliana King | 441 | 00:30:51 | Intermediate Female | 00:04:15 | 00:00:37 | 00:14:11 | 00:00:52 | 00:10:56 | 2 |
| Sara Reynolds | 446 | 0:33:04 | Intermediate Female |  |  |  |  |  | 3 |
| Lomani Newman | 454 | 00:30:38 | Intermediate Female | 00:04:20 | 00:00:31 | 00:14:17 | 00:00:46 | 00:10:42 | 4 |
| Makala De Jong | 443 | 00:34:40 | Intermediate Female | 00:05:14 | 00:01:21 | 00:16:58 | 00:00:34 | 00:10:32 |  |
| Shandelle Carroll | 403 | 00:39:18 | Intermediate Female | 00:07:47 | 00:00:37 | 00:16:33 | 00:00:36 | 00:13:43 |  |
| Amanda Harrison | 409 | 00:36:13 | Intermediate Female | 00:05:59 | 00:01:28 | 00:17:03 | 00:00:40 | 00:11:01 |  |
| Jennie Cupitt | 422 | 0:38:59 | Intermediate Female | 0:07:08 | 00:02:06 | 00:18:00 | 00:00:32 | 00:11:11 |  |
| Janice Goudkamp | 451 | 00:40:13 | Intermediate Female | 00:08:31 | 00:00:49 | 00:20:44 | 00:00:57 | 00:09:10 |  |
| Caitlyn Bice | 437 | 00:40:16 | Intermediate Female | 00:06:11 | 00:01:58 | 00:17:56 | 00:00:52 | 00:13:17 |  |
| Melanie Reeves | 432 | 00:40:22 | Intermediate Female | 00:07:27 | 00:02:12 | 00:17:44 | 00:00:47 | 00:12:10 |  |
| Miranda Quantrill | 436 | 00:33:51 | Intermediate Female | 00:05:37 | 00:00:42 | 00:16:58 | 00:00:34 | 00:09:58 |  |
| Ailsa Walker | 418 | 00:36:58 | Intermediate Female | 00:06:18 | 00:01:22 | 00:16:10 | 00:00:40 | 00:12:28 |  |
| Mary Woodward | 450 | 00:41:30 | Intermediate Female | 00:08:08 | 00:00:46 | 00:16:39 | 00:00:43 | 00:15:12 |  |
| Hannah Hopkinson | 401 | 00:42:21 | Intermediate Female | 00:05:30 | 00:01:04 | 00:20:58 | 00:00:34 | 00:14:13 |  |
| Karen Walker | 417 | 00:42:51 | Intermediate Female | 00:08:43 | 00:00:55 | 00:17:37 | 00:00:55 | 00:14:38 |  |

Page $P$

| Sienna Bice | 412 | $00: 44: 39$ | Intermediate Female | $00: 06: 02$ | $00: 01: 30$ | $00: 20: 10$ | $00: 00: 42$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $00: 16: 13$ |  |  |  |  |  |  |  |
| Maryanne Mccloy | 440 | $00: 47: 16$ | Intermediate Female | $00: 07: 07$ | $00: 01: 34$ | $00: 20: 09$ | $00: 01: 03$ |

