| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run | Place |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Patrick Kee | 105 | 00:57:50 | Senior Open | 00:09:51 | 00:00:52 | 00:26:27 | 00:00:34 | 00:20:04 | 1 |
| Daniel Bice | 112 | 00:59:33 | Senior Open | 00:10:22 | 00:00:54 | 00:27:14 | 00:00:53 | 00:20:08 | 2 |
| Brett Quantrill | 141 | 00:54:19 | Senior Open | 00:10:53 | 00:00:34 | 00:25:26 | 00:00:26 | 00:16:57 | 3 |
| Tony Hall | 121 | 00:51:08 | Senior Open | 00:08:45 | 00:00:26 | 00:22:54 | 00:00:41 | 00:18:19 | 4 |
| Graham Hopkinson | 147 | 00:54:43 | Senior Open | 00:10:02 | 00:00:35 | 00:24:47 | 00:00:43 | 00:18:34 |  |
| Ross Woodward | 110 | 01:01:02 | Senior Open | 00:09:49 | 00:00:50 | 00:27:16 | 00:00:49 | 00:22:15 |  |
| Chris Goudkamp | 111 | 01:05:09 | Senior Open | 00:10:02 | 00:00:56 | 00:29:14 | 00:00:54 | 00:24:01 |  |
| Dan Smith | 120 | 00:51:20 | Senior Open | 00:08:11 | 00:00:32 | 00:23:52 | 00:00:36 | 00:18:08 |  |
| David Emery | 117 | 01:03:38 | Senior Open | 00:10:48 | 00:01:00 | 00:28:36 | 00:00:49 | 00:22:23 |  |
| David Kee | 103 | 01:08:23 | Senior Open | 00:12:58 | 00:01:13 | 00:27:19 | 00:00:30 | 00:26:20 |  |
| Dean Cranney | 115 | 01.19:21 | Senior Open | Long | Distance |  |  |  |  |
| Lisa Adams | 213 | 01:04:23 | Senior Female | 00:10:23 | 00:01:05 | 00:30:01 | 00:00:49 | 00:22:04 | 1 |
| Sera Graham | 212 | 00:56:41 | Senior Female | 00:08:46 | 00:00:29 | 00:26:43 | 00:00:33 | 00:20:09 | 2 |
| Elisha Dejong | 209 | 01:05:49 | Senior Female | 00:10:31 | 00:00:45 | 00:30:03 | 00:00:51 | 00:23:37 | 3 |
| Sharnah Bowen | 206 | 01:06:01 | Senior Female | 00:12:38 | 00:00:53 | 00:27:34 | 00:01:05 | 00:23:49 | 4 |
| Tania Penrose | 201 | 01:10:00 | Senior Female | 00:11:38 | 00:00:56 | 00:32:17 | 00:00:49 | 00:24:19 |  |
| Harrison Dowling | 316 | 00:27:10 | Intermediate Open | 00:04:16 | 00:00:38 | 00:13:25 | 00:00:25 | 00:08:25 | 1 |
| Richard Wellm | 326 | 00:36:44 | Intermediate Open | 00:07:10 | 00:00:39 | 00:15:57 | 00:00:32 | 00:12:24 | 2 |
| Nicholas Walton | 332 | 00:33:54 | Intermediate Open | 00:04:43 | 00:02:10 | 00:14:54 | 00:00:34 | 00:11:33 | 3 |
| Lawrence Kee | 302 | 00:33:17 | Intermediate Open | 00:05:27 | 00:01:10 | 00:15:17 | 00:00:27 | 00:10:54 | 4 |
| Chad Whyte | 315 | 00:33:13 | Intermediate Open | 00:05:43 | 00:01:57 | 00:15:50 | 00:00:33 | 00:09:07 |  |
| Gerry Matthews | 303 | 00:41:20 | Intermediate Open | 00:09:28 | 00:00:51 | 00:16:31 | 00:00:38 | 00:13:51 |  |
| Renee Dodd | 431 | 00:35:26 | Intermediate Female | 00:05:02 | 00:00:55 | 00:15:47 | 00:00:32 | 00:13:09 |  |
| Emily Walton | 427 | 00:34:19 | Intermediate Female | 00:06:22 | 00:01:21 | 00:15:50 | 00:00:34 | 00:10:09 |  |
| Milly Simpson | 414 | 00:37:57 | Intermediate Female | 00:06:31 | 00:00:39 | 00:17:51 | 00:00:41 | 00:12:13 |  |
| Liz Simpson | 435 | 00:37:57 | Intermediate Female | 00:06:59 | 00:00:39 | 00:17:25 | 00:00:39 | 00:12:13 |  |
| Shandelle Carrol | 403 | 00:39:36 | Intermediate Female | 00:07:06 | 00:00:49 | 00:16:14 | 00:00:39 | 00:14:46 |  |
| Melanie Reeves | 432 | 00:33:50 | Intermediate Female | 00:06:43 | 00:00:39 | 00:15:43 | 00:00:34 | 00:10:11 |  |
| Hannah Hopkinson | 401 | 00:41:02 | Intermediate Female | 00:05:32 | 00:00:47 | 00:19:43 | 00:00:33 | 00:14:26 |  |
| Mary Woodward | 450 | 00:45:11 | Intermediate Female | 00:08:23 | 00:00:45 | 00:16:53 | 00:00:52 | 00:18:16 |  |
| Karen Walker | 417 | 00:47:03 | Intermediate Female | 00:10:14 | 00:01:31 | 00:21:40 | 00:01:39 | 00:11:57 |  |

