| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run | Place |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Xane Bowen | 118 | 00:44:26 | Senior Open | 00:06:24 | 00:00:30 | 00:22:38 | 00:00:25 | 00:14:26 |  |
| James Simpson | 125 | 00:58:23 | Senior Open | 00:10:02 | 00:00:48 | 00:27:36 | 00:00:56 | 00:18:59 |  |
| Daniel Bice | 112 | 00:58:59 | Senior Open | 00:10:06 | 00:00:58 | 00:27:14 | 00:00:48 | 00:19:51 |  |
| Graham Hopkinson | 147 | 00:54:08 | Senior Open | 00:10:12 | 00:00:35 | 00:24:39 | 00:00:35 | 00:18:05 |  |
| Patrick Kee | 105 | 00:57:39 | Senior Open | 00:10:04 | 00:00:53 | 00:27:37 | 00:00:28 | 00:18:36 |  |
| Dan Smith | 120 | 00:49:49 | Senior Open | 00:07:44 | 00:00:28 | 00:23:18 | 00:00:32 | 00:17:44 |  |
| Arthur Gillard | 122 | 00:56:39 | Senior Open | 00:09:16 | 00:00:39 | 00:25:39 | 00:00:35 | 00:20:28 |  |
| Craig Hoddinott | 145 | 01:05:36 | Senior Open | 00:10:54 | 00:01:04 | 00:31:26 | 00:00:38 | 00:21:33 |  |
| David Kee | 103 | 01:07:53 | Senior Open | 00:12:43 | 00:01:12 | 00:28:07 | 00:00:31 | 00:25:17 |  |
| Chris Goudkamp | 111 | 01:08:12 | Senior Open | 00:10:35 | 00:00:56 | 00:29:18 | 00:00:55 | 00:26:26 |  |
| Ross Woodward | 110 | 01:10:30 | Senior Open | 00:09:40 | 00:00:48 | 00:28:37 | 00:01:06 | 00:30:17 |  |
| Sera Graham | 212 | 00:56:58 | Senior Female | 00:08:45 | 00:00:28 | 00:26:41 | 00:00:33 | 00:20:29 |  |
| Lawrence Kee | 302 | 00:31:19 | Intermediate Open | 00:05:13 | 00:00:59 | 00:14:48 | 00:00:24 | 00:09:54 |  |
| Colin Loughman | 308 | 00:37:25 | Intermediate Open | 00:08:07 | 00:00:47 | 00:16:21 | 00:00:50 | 00:11:19 |  |
| Chad Whyte | 315 | 00:31:57 | Intermediate Open | 00:05:35 | 00:01:29 | 00:15:01 | 00:00:31 | 00:09:19 |  |
| Harrison Dowling | 316 | 00:29:17 | Intermediate Open | 00:04:32 | 00:00:37 | 00:13:39 | 00:00:27 | 00:10:00 |  |
| Matt Lamont | 320 | 00:29:17 | Intermediate Open | 00:04:22 | 00:00:48 | 00:12:30 | 00:00:56 | 00:10:40 |  |
| Sofie Soenen | 425 | 00:31:40 | Intermediate Female | 00:03:47 | 00:00:47 | 00:16:15 | 00:00:42 | 00:10:07 |  |
| Isla Soenen | 424 | 00:34:49 | Intermediate Female | 00:05:38 | 00:00:53 | 00:17:32 | 00:00:56 | 00:09:48 |  |
| Emily Walton | 427 | 00:33:46 | Intermediate Female | 00:05:58 | 00:01:22 | 00:15:44 | 00:00:32 | 00:10:09 |  |
| Renee Dodd | 431 | 00:35:33 | Intermediate Female | 00:05:04 | 00:00:52 | 00:15:52 | 00:00:34 | 00:13:11 |  |
| Melanie Reeves | 432 | 00:33:41 | Intermediate Female | 00:06:39 | 00:00:44 | 00:15:40 | 00:00:38 | 00:09:59 |  |
| Hannah Hopkinson | 401 | 00:40:54 | Intermediate Female | 00:05:22 | 00:00:48 | 00:19:12 | 00:00:39 | 00:14:51 |  |
| Milly Simpson | 414 | 00:38:37 | Intermediate Female | 00:07:05 | 00:00:51 | 00:17:35 | 00:00:38 | 00:12:26 |  |
| Liz Simpson | 435 | 00:38:37 | Intermediate Female | 00:07:04 | 00:00:50 | 00:17:39 | 00:00:36 | 00:12:25 |  |
| Jennie Cupitt | 422 | 00:39:08 | Intermediate Female | 00:07:24 | 00:01:17 | 00:17:10 | 00:00:36 | 00:12:40 |  |
| Mary Woodward | 450 | 00:41:22 | Intermediate Female | 00:08:20 | 00:00:49 | 00:16:08 | 00:00:57 | 00:15:05 |  |
| Karen Walker | 417 | 00:46:27 | Intermediate Female | 00:10:18 | 00:01:32 | 00:21:29 | 00:01:31 | 00:11:35 |  |

