

2nd Long Race  
15th February 2023

Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run
Tony Hall	121	01:13:49	Senior Open Long	00:13:16	00:00:26	00:36:00	00:00:52	00:23:14
Alex Torrance	129	01:17:01	Senior Open Long	00:13:13	00:01:02	00:37:18	00:01:00	00:24:28
Simon Buttenshaw	128	01:17:35	Senior Open Long	00:14:46	00:00:46	00:40:05	00:00:48	00:21:08
Dean Cranney	115	01:18:18	Senior Open Long	00:15:27	00:00:37	00:39:13	00:01:08	00:21:51
Des Gooda	127	01:18:54	Senior Open Long	00:13:05	00:00:40	00:39:07	00:00:46	00:25:15
Brett Quantrill	141	01:19:53	Senior Open Long	00:16:44	00:00:50	00:39:48	00:00:27	00:22:02
Arthur Gillard	122	01:21:25	Senior Open Long	00:14:03	00:00:45	00:39:56	00:00:46	00:25:54
Ross Woodward	110	01:25:36	Senior Open Long	00:14:14	00:01:07	00:40:42	00:00:58	00:28:33
Daniel Bice	112	01:27:35	Senior Open Long	00:15:30	00:00:55	00:43:12	00:01:01	00:26:54
Patrick Kee	105	01:28:49	Senior Open Long	00:15:29	00:00:53	00:44:24	00:00:32	00:27:30
Chris Goudkamp	111	1:33:57	Senior Open Long	0:14:58	00:00:54	00:44:59	00:00:54	00:32:10
David Kee	103	1:39:31	Senior Open Long	0:19:30	00:01:30	00:43:25	00:00:49	00:34:15
Sera Graham	212	01:21:29	Senior Female Long	00:12:59	00:00:35	00:41:26	00:00:33	00:25:55
Lisa Adams	213	01:34:09	Senior Female Long	00:13:43	00:01:25	00:47:43	00:00:57	00:30:20
Elisha Dejong	209	1:37:40	Senior Female Long	0:14:54	00:00:49	00:49:12	00:01:13	00:31:30
Tania Penrose	201	1:40:16	Senior Female Long	0:17:15	00:00:55	00:50:10	00:00:56	00:30:58
Harrison Dowling	316	0:53:58	Intermediate Open Long	0:08:40	00:00:40	00:29:05	00:00:27	00:15:03
Lawrence Kee	302	1:11:49	Intermediate Open Long	0:10:48	00:01:42	00:34:09	00:00:39	00:24:28
Richard Wellm	326	1:13:58	Intermediate Open Long	0:13:25	00:00:47	00:33:19	00:00:38	00:25:47
James Simpson	312	00:40:39	Intermediate Open	00:06:55	00:00:52	00:20:09	00:00:59	00:11:42
Melanie Reeves	432	01:07:28	Intermediate Female Long	00:12:31	00:00:54	00:32:28	00:00:43	00:20:50
Liz Simpson	435	1:12:17	Intermediate Female Long	0:12:16	00:00:38	00:35:39	00:00:40	00:23:03
Renee Dodd	431	1:18:20	Intermediate Female Long	0:09:51	00:01:00	00:37:41	00:00:43	00:29:04
Shandelle Carrol	403	1:18:36	Intermediate Female Long	0:13:16	00:00:43	00:34:41	00:00:40	00:29:14
Joan Gibbons	415	00:37:32	Intermediate Female	00:06:48	00:01:05	00:16:09	00:01:15	00:12:13
Milly Simpson	414	00:40:38	Intermediate Female	00:06:58	00:00:47	00:20:08	00:00:40	00:12:03
Mary Woodward	450	00:42:41	Intermediate Female	00:08:13	00:00:48	00:17:32	00:00:52	00:15:14
Karen Walker	417	00:44:59	Intermediate Female	00:10:19	00:01:01	00:21:06	00:01:30	00:11:01