7th Point Score 4th February 2023

Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run	Place	
Simon Buttenshaw	128	00:59:21	Senior Open	00:10:02	00:01:39	00:28:18	00:01:01	00:18:19		
Dean Cranney	115	00:56:04	Senior Open	00:10:06	00:00:40	00:26:12	00:01:09	00:17:55		1
Tony Hall	121	00:52:35	Senior Open	00:08:58	00:00:26	00:23:07	00:00:36	00:19:26		2
Patrick Kee	105	01:00:26	Senior Open	00:10:02	00:00:55	00:28:12	00:00:32	00:20:43		3
Graham Hopkinson	147	00:55:19	Senior Open	00:10:10	00:00:35	00:24:45	00:00:41	00:19:05		4
David Emery	117	01:01:44	Senior Open	00:10:44	00:01:11	00:27:59	00:00:45	00:21:02		
Chris Goudkamp	111	01:08:04	Senior Open	00:10:17	00:01:08	00:29:08	00:00:54	00:26:36		
David Kee	103	01:09:20	Senior Open	00:13:14	00:01:14	00:27:34	00:00:40	00:26:36		
Brett Quantrill	141	01:04:26	Senior Open	00:10:47	00:00:41	00:29:50	00:00:50	00:22:16		
Lisa Adams	213	01:06:28	Senior Female	00:10:32	00:01:14	00:30:41	00:00:52	00:23:06		1
Sharnah Bowen	206	01:08:28	Senior Female	00:12:17	00:01:02	00:29:17	00:01:02	00:24:48		2
Tania Penrose	201	01:11:35	Senior Female	00:11:39	00:01:02	00:32:54	00:01:04	00:24:54		3
Lawrence Kee	302	00:34:22	Intermediate Open	00:05:44	00:01:14	00:15:56	00:00:30	00:10:56		1
Chad Whyte	315	00:31:47	Intermediate Open	00:05:46	00:01:21	00:14:47	00:00:31	00:09:20		2
Mason Diplock	322	00:28:58	Intermediate Open	00:04:19	00:00:49	00:14:38	00:00:30	00:08:40		3
Jack Cupitt	352	00:32:38	Intermediate Open	00:05:41	00:00:55	00:14:45	00:00:26	00:10:49		4
Nicholas Walton	332	00:34:52	Intermediate Open	00:04:53	00:01:51	00:15:50	00:00:45	00:11:32		
Trevalyn Lavis	313	00:43:43	Intermediate Open	00:06:28	00:01:46	00:18:11	00:00:47	00:16:29		
Harrison Dowling	316	00:35:04	Intermediate Open	00:04:33	00:06:42	00:13:49	00:00:25	00:09:34		
Emily Walton	427	00:34:51	Intermediate Female	00:06:10	00:01:07	00:16:22	00:00:27	00:10:43		1
Melanie Reeves	432	00:34:41	Intermediate Female	00:06:52	00:00:37	00:16:20	00:00:37	00:10:14		2
Laura Smith	459	00:34:03	Intermediate Female	00:06:17	00:00:56	00:16:24	00:00:34	00:09:50		3
Liz Simpson	435	00:36:59	Intermediate Female	00:06:59	00:00:41	00:17:32	00:00:35	00:11:10		4
Jennie Cupitt	422	00:39:10	Intermediate Female	00:07:17	00:01:32	00:17:07	00:00:37	00:12:34		
Rowena Lamont	456	00:39:40	Intermediate Female	00:06:22	00:01:32	00:17:00	00:00:47	00:13:57		
Karen Walker	417	00:44:19	Intermediate Female	00:10:23	00:01:34	00:19:04	00:01:34	00:11:43		
Hannah Hopkinson	401	00:45:50	Intermediate Female	00:05:36	00:00:55	00:20:49	00:00:44	00:17:44		
Renee Dodd	431	00:44:11	Intermediate Female	00:05:07	00:00:47	00:18:35	00:00:57	00:18:43		