| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run | Place |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Simon Buttenshaw | 128 | 00:59:21 | Senior Open | 00:10:02 | 00:01:39 | 00:28:18 | 00:01:01 | 00:18:19 |  |
| Dean Cranney | 115 | 00:56:04 | Senior Open | 00:10:06 | 00:00:40 | 00:26:12 | 00:01:09 | 00:17:55 | 1 |
| Tony Hall | 121 | 00:52:35 | Senior Open | 00:08:58 | 00:00:26 | 00:23:07 | 00:00:36 | 00:19:26 | 2 |
| Patrick Kee | 105 | 01:00:26 | Senior Open | 00:10:02 | 00:00:55 | 00:28:12 | 00:00:32 | 00:20:43 | 3 |
| Graham Hopkinson | 147 | 00:55:19 | Senior Open | 00:10:10 | 00:00:35 | 00:24:45 | 00:00:41 | 00:19:05 | 4 |
| David Emery | 117 | 01:01:44 | Senior Open | 00:10:44 | 00:01:11 | 00:27:59 | 00:00:45 | 00:21:02 |  |
| Chris Goudkamp | 111 | 01:08:04 | Senior Open | 00:10:17 | 00:01:08 | 00:29:08 | 00:00:54 | 00:26:36 |  |
| David Kee | 103 | 01:09:20 | Senior Open | 00:13:14 | 00:01:14 | 00:27:34 | 00:00:40 | 00:26:36 |  |
| Brett Quantrill | 141 | 01:04:26 | Senior Open | 00:10:47 | 00:00:41 | 00:29:50 | 00:00:50 | 00:22:16 |  |
| Lisa Adams | 213 | 01:06:28 | Senior Female | 00:10:32 | 00:01:14 | 00:30:41 | 00:00:52 | 00:23:06 |  |
| Sharnah Bowen | 206 | 01:08:28 | Senior Female | 00:12:17 | 00:01:02 | 00:29:17 | 00:01:02 | 00:24:48 | 2 |
| Tania Penrose | 201 | 01:11:35 | Senior Female | 00:11:39 | 00:01:02 | 00:32:54 | 00:01:04 | 00:24:54 | 3 |
| Lawrence Kee | 302 | 00:34:22 | Intermediate Open | 00:05:44 | 00:01:14 | 00:15:56 | 00:00:30 | 00:10:56 | 1 |
| Chad Whyte | 315 | 00:31:47 | Intermediate Open | 00:05:46 | 00:01:21 | 00:14:47 | 00:00:31 | 00:09:20 | 2 |
| Mason Diplock | 322 | 00:28:58 | Intermediate Open | 00:04:19 | 00:00:49 | 00:14:38 | 00:00:30 | 00:08:40 | 3 |
| Jack Cupitt | 352 | 00:32:38 | Intermediate Open | 00:05:41 | 00:00:55 | 00:14:45 | 00:00:26 | 00:10:49 | 4 |
| Nicholas Walton | 332 | 00:34:52 | Intermediate Open | 00:04:53 | 00:01:51 | 00:15:50 | 00:00:45 | 00:11:32 |  |
| Trevalyn Lavis | 313 | 00:43:43 | Intermediate Open | 00:06:28 | 00:01:46 | 00:18:11 | 00:00:47 | 00:16:29 |  |
| Harrison Dowling | 316 | 00:35:04 | Intermediate Open | 00:04:33 | 00:06:42 | 00:13:49 | 00:00:25 | 00:09:34 |  |
| Emily Walton | 427 | 00:34:51 | Intermediate Female | 00:06:10 | 00:01:07 | 00:16:22 | 00:00:27 | 00:10:43 | 1 |
| Melanie Reeves | 432 | 00:34:41 | Intermediate Female | 00:06:52 | 00:00:37 | 00:16:20 | 00:00:37 | 00:10:14 | 2 |
| Laura Smith | 459 | 00:34:03 | Intermediate Female | 00:06:17 | 00:00:56 | 00:16:24 | 00:00:34 | 00:09:50 | 3 |
| Liz Simpson | 435 | 00:36:59 | Intermediate Female | 00:06:59 | 00:00:41 | 00:17:32 | 00:00:35 | 00:11:10 | 4 |
| Jennie Cupitt | 422 | 00:39:10 | Intermediate Female | 00:07:17 | 00:01:32 | 00:17:07 | 00:00:37 | 00:12:34 |  |
| Rowena Lamont | 456 | 00:39:40 | Intermediate Female | 00:06:22 | 00:01:32 | 00:17:00 | 00:00:47 | 00:13:57 |  |
| Karen Walker | 417 | 00:44:19 | Intermediate Female | 00:10:23 | 00:01:34 | 00:19:04 | 00:01:34 | 00:11:43 |  |
| Hannah Hopkinson | 401 | 00:45:50 | Intermediate Female | 00:05:36 | 00:00:55 | 00:20:49 | 00:00:44 | 00:17:44 |  |
| Renee Dodd | 431 | 00:44:11 | Intermediate Female | 00:05:07 | 00:00:47 | 00:18:35 | 00:00:57 | 00:18:43 |  |

