| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run | Place |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Simon Buttenshaw | 128 | 00:55:44 | Senior Open | 00:09:27 | 00:00:40 | 00:27:25 | 00:00:45 | 00:17:24 | 1 |
| Des Gooda | 127 | 00:55:36 | Senior Open | 00:08:52 | 00:00:41 | 00:25:28 | 00:00:46 | 00:19:47 |  |
| Dan Smith | 120 | 00:49:31 | Senior Open | 00:07:40 | 00:00:31 | 00:23:16 | 00:00:36 | 00:17:27 | 2 |
| Brett Quantrill | 141 | 00:55:13 | Senior Open | 00:10:51 | 00:00:37 | 00:25:58 | 00:00:29 | 00:17:16 | 3 |
| Tony Hall | 121 | 00:50:41 | Senior Open | 00:08:54 | 00:00:25 | 00:22:48 | 00:00:37 | 00:17:55 | 4 |
| Patrick Kee | 105 | 00:58:32 | Senior Open | 00:09:41 | 00:00:55 | 00:27:19 | 00:00:33 | 00:20:02 |  |
| Dean Cranney | 115 | 00:54:52 | Senior Open | 00:10:33 | 00:00:32 | 00:25:51 | 00:01:10 | 00:16:45 |  |
| Alex Wellm | 116 | 00:55:41 | Senior Open | 00:07:28 | 00:00:49 | 00:28:15 | 00:00:27 | 00:18:40 |  |
| David Emery | 117 | 00:59:03 | Senior Open | 00:10:13 | 00:00:52 | 00:26:46 | 00:00:56 | 00:20:13 |  |
| Daniel Bice | 112 | 01:00:53 | Senior Open | 00:10:44 | 00:01:05 | 00:27:39 | 00:00:52 | 00:20:31 |  |
| Graham Hopkinson | 147 | 00:54:12 | Senior Open | 00:10:02 | 00:00:38 | 00:24:25 | 00:00:44 | 00:18:21 |  |
| Matt Lamont | 106 | 00:48:15 | Senior Open | 00:07:09 | 00:00:33 | 00:23:33 | 00:00:42 | 00:16:16 |  |
| Craig Hoddinott | 145 | 01:04:36 | Senior Open | 00:10:51 | 00:01:03 | 00:29:56 | 00:00:42 | 00:22:02 |  |
| James Simpson | 125 | 01:00:45 | Senior Open | 00:10:01 | 00:00:52 | 00:28:52 | 00:01:00 | 00:19:57 |  |
| Chris Goudkamp | 111 | 01:06:32 | Senior Open | 00:09:53 | 00:01:02 | 00:29:19 | 00:00:51 | 00:25:24 |  |
| David Kee | 103 | 01:08:14 | Senior Open | 00:13:00 | 00:01:13 | 00:27:52 | 00:00:30 | 00:25:38 |  |
| Lisa Adams | 213 | 01:05:19 | Senior Female | 00:10:24 | 00:01:17 | 00:30:29 | 00:00:53 | 00:22:15 | 1 |
| Sera Graham | 212 | 00:57:51 | Senior Female | 00:08:50 | 00:00:36 | 00:27:09 | 00:00:38 | 00:20:37 | 2 |
| Sharnah Bowen | 206 | 01:08:05 | Senior Female | 00:12:05 | 00:01:00 | 00:29:32 | 00:01:07 | 00:24:19 | 3 |
| Tania Penrose | 201 | 01:09:02 | Senior Female | 00:11:24 | 00:01:05 | 00:31:51 | 00:00:54 | 00:23:47 | 4 |
| Elisha Dejong | 209 | 01:14:12 | Senior Female | 00:11:51 | 00:00:44 | 00:34:48 | 00:01:15 | 00:25:31 |  |
| Mason Diplock | 322 | 00:27:50 | Intermediate Open | 00:04:09 | 00:00:45 | 00:14:00 | 00:00:24 | 00:08:31 | 1 |
| Harrison Dowling | 316 | 00:27:59 | Intermediate Open | 00:04:23 | 00:00:43 | 00:13:34 | 00:00:25 | 00:08:52 | 2 |
| Richard Wellm | 326 | 00:37:35 | Intermediate Open | 00:07:33 | 00:00:41 | 00:16:30 | 00:00:35 | 00:12:14 | 3 |
| Lawrence Kee | 302 | 00:34:38 | Intermediate Open | 00:05:20 | 00:01:33 | 00:16:36 | 00:00:31 | 00:10:37 | 4 |
| Nicholas Walton | 332 | 00:35:17 | Intermediate Open | 00:04:57 | 00:02:32 | 00:15:27 | 00:00:38 | 00:11:42 |  |
| Milly Simpson | 414 | 00:37:41 | Intermediate Female | 00:06:19 | 00:01:09 | 00:17:53 | 00:00:35 | 00:11:42 | 1 |
| Emily Walton | 427 | 00:34:21 | Intermediate Female | 00:05:56 | 00:01:24 | 00:16:14 | 00:00:29 | 00:10:16 | 2 |
| Melanie Reeves | 432 | 00:34:12 | Intermediate Female | 00:06:37 | 00:00:41 | 00:16:15 | 00:00:35 | 00:10:02 | 3 |
| Joan Gibbons | 415 | 00:36:16 | Intermediate Female | 00:07:01 | 00:01:10 | 00:15:25 | 00:00:58 | 00:11:40 | 4 |
| Liz Simpson | 435 | 00:37:42 | Intermediate Female | 00:06:48 | 00:00:42 | 00:17:56 | 00:00:34 | 00:11:40 |  |
| Shandelle Carrol | 403 | 00:40:25 | Intermediate Female | 00:07:07 | 00:00:47 | 00:17:10 | 00:00:44 | 00:14:35 |  |
| Hannah Hopkinson | 401 | 00:42:42 | Intermediate Female | 00:05:29 | 00:00:55 | 00:20:31 | 00:00:37 | 00:15:08 |  |
| Renee Dodd | 431 | 00:39:05 | Intermediate Female | 00:05:04 | 00:00:56 | 00:17:27 | 00:00:40 | 00:14:55 |  |
| Mary Woodward | 450 | 00:43:48 | Intermediate Female | 00:08:36 | 00:00:42 | 00:18:15 | 00:00:53 | 00:15:21 |  |

