## Senior and Intermediate Race Times 26th November 2022

Smith Dan 120 48.13 Senior Open Hopkinson Graham 147 51.47 Senior Open Quantrill Brett 141 52.07 Senior Open Gillard Arthur 122 53.24 Senior Open Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Goudkamp Chris 111 60.32 Senior Open Goudkamp Chris 111 60.32 Senior Open Gilbons Joan 204 61.19 Senior Female Gibbons Joan 204 61.19 Senior Female Ge Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Goudling Harrison 316 49.40 Intermediate Open Intermediate Open Goudling Harrison Liz 428 37.54 Intermediate Female Geves Melanie 422 38.33 Intermediate Female Gelibon Emily 427 37.17 Intermediate Female Gulfith Jennie 422 38.33 Intermediate Female Gelibon Emily 40.34 Intermediate Female Gelibon Emily 40.34 Intermediate Female Gelibon Emily 427 37.17 Intermediate Female Gelibon Hannah 401 41.22 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female Intermediate Female Gerroll Shandelle 403 40.37 Intermediate Female Gerroll Hannah 401 41.22 Intermediate Female Hopkinson Hannah	Last Name	Given Name	Race No	Times	Category
Hopkinson Graham 147 51.47 Senior Open Quantrill Brett 141 52.07 Senior Open Hill Matt 113 52.29 Senior Open Gillard Arthur 122 53.24 Senior Open Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Gibbons Joan 204 61.19 Senior Female Gibbons Joan 204 61.19 Senior Female Ge Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Female Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Soenen Liz 433 36.51 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Soenen Sofie 433 36.51 Intermediate Female Sompson Liz 435 36.51 Intermediate Female Sompson Liz 438 37.54 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female	Lamont	Matt	106	43.59	Senior Open
Quantrill Brett 141 52.07 Senior Open Hill Matt 113 52.29 Senior Open Gillard Arthur 122 53.24 Senior Open Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Gibbons Joan 204 61.19 Senior Female Gibbons Joan 204 61.19 Senior Female Gel Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Female Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Smith	Dan	120	48.13	Senior Open
Hill Matt 113 52.29 Senior Open Gillard Arthur 122 53.24 Senior Open Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Gibbons Joan 204 61.19 Senior Female Gibbons Joan 204 61.19 Senior Female Gibbons Joan 209 65.10 Senior Female Gibbons Gibbons Joan 209 65.10 Senior Female Gibbons Joan 209 65.10 Intermediate Open Gibbons Joan 209 65.10 Joan 20	Hopkinson	Graham	147	51.47	Senior Open
Gillard Arthur 122 53.24 Senior Open Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open  Quantrill Miranda 202 51.03 Senior Female Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female  Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Open Dowling Harrison 316 49.40 Intermediate Female Bodd Renee 431 36.22 Intermediate Female Company Soenen Liz 435 36.51 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Quantrill	Brett	141	52.07	Senior Open
Wellm Alex 116 54.26 Senior Open Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Gibbons Joan 204 61.19 Senior Female Gibbons Joan 204 61.19 Senior Female Gibbons Joan 201 63.32 Senior Female Gibbons Joan 209 65.10 Senior Female Gibbons James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Gree Lawrence 302 35.08 Intermediate Open Gree Wellm Richard 326 37.20 Intermediate Open Gree Lavis Trevalyn 313 43.19 Intermediate Open Gree Dowling Harrison 316 49.40 Intermediate Female Gree Soenen Sofie 425 36.17 Intermediate Female Gree Soenen Sofie 425 36.17 Intermediate Female Gree Simpson Liz 435 36.51 Intermediate Female Gree Simpson Liz 435 36.51 Intermediate Female Gree Simpson Liz 435 36.51 Intermediate Female Gree Welton Emily 427 37.17 Intermediate Female Gree Gree Melanie 422 38.33 Intermediate Female Gree Gree Gree Mandelle 403 40.37 Intermediate Female Gree Gree Gree Gree Gree Gree Gree Gr	Hill	Matt	113	52.29	Senior Open
Bice Daniel 112 55.30 Senior Open Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Quantrill Miranda 202 51.03 Senior Female Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Open Dodd Renee 431 36.22 Intermediate Female Dodd Renee 431 36.22 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Gillard	Arthur	122	53.24	Senior Open
Woodward Ross 110 56.19 Senior Open Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open Quantrill Miranda 202 51.03 Senior Female Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Kee Lawrence 302 35.08 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Female Dodd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Wellm	Alex	116	54.26	Senior Open
Goudkamp Chris 111 60.32 Senior Open Kee David 103 62.19 Senior Open  Quantrill Miranda 202 51.03 Senior Female Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female  Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Kee Lawrence 302 35.08 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open  Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Podd Renee 431 36.22 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Woodward Mary 450 40.44 Intermediate Female	Bice	Daniel	112	55.30	Senior Open
KeeDavid10362.19Senior OpenQuantrillMiranda20251.03Senior FemaleGibbonsJoan20461.19Senior FemalePenroseTania20163.32Senior Femalede JongeElisha20965.10Senior FemaleSimpsonJames31232.36Intermediate OpenWhyteChad31533.35Intermediate OpenKeeLawrence30235.08Intermediate OpenWellmRichard32637.20Intermediate OpenLavisTrevalyn31343.19Intermediate OpenDowlingHarrison31649.40Intermediate OpenSoenenIsa42434.47Intermediate FemaleSoenenSofie42536.17Intermediate FemaleReevesMelanie43236.46Intermediate FemaleSimpsonLiz43536.51Intermediate FemaleWaltonEmily42737.17Intermediate FemaleWaltonEmily42837.54Intermediate FemaleCupittJennie42238.33Intermediate FemaleCarrollShandelle40340.37Intermediate FemaleWoodwardMary45040.44Intermediate FemaleHopkinsonHannah40141.22Intermediate Female	Woodward	Ross	110	56.19	Senior Open
Quantrill Miranda 202 51.03 Senior Female Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Bodd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Goudkamp	Chris	111	60.32	Senior Open
Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Open Poudla Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Cupitt Jennie 423 40.47 Intermediate Female Cupitt Jennie 420 38.33 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Kee	David	103	62.19	•
Gibbons Joan 204 61.19 Senior Female Penrose Tania 201 63.32 Senior Female 209 65.10 Senior Female 209					·
Penrose Tania 201 63.32 Senior Female de Jonge Elisha 209 65.10 Senior Female 209 65.10 Intermediate Open 200 Melling 200 Revelopen 200 Intermediate Open 200 Renee 200 Revelopen 200 Revelo	Quantrill	Miranda	202	51.03	Senior Female
Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Kee Lawrence 302 35.08 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Open Podd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Gibbons	Joan	204	61.19	Senior Female
Simpson James 312 32.36 Intermediate Open Whyte Chad 315 33.35 Intermediate Open Kee Lawrence 302 35.08 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Open Agenee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Adams Lisa 428 37.54 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Penrose	Tania	201	63.32	Senior Female
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Whyte Chad 315 33.35 Intermediate Open Kee Lawrence 302 35.08 Intermediate Open Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Adams Lisa 428 37.54 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female					
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Wellm Richard 326 37.20 Intermediate Open Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Dodd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Whyte	Chad	315	33.35	Intermediate Open
Lavis Trevalyn 313 43.19 Intermediate Open Dowling Harrison 316 49.40 Intermediate Open Soenen Isa 424 34.47 Intermediate Female Soenen Sofie 425 36.17 Intermediate Female Dodd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Adams Lisa 428 37.54 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Kee	Lawrence	302	35.08	Intermediate Open
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Soenen Sofie 425 36.17 Intermediate Female Dodd Renee 431 36.22 Intermediate Female Reeves Melanie 432 36.46 Intermediate Female Simpson Liz 435 36.51 Intermediate Female Walton Emily 427 37.17 Intermediate Female Adams Lisa 428 37.54 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Dowling	Harrison	316	49.40	Intermediate Open
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Adams Lisa 428 37.54 Intermediate Female Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Simpson	Liz	435	36.51	Intermediate Female
Cupitt Jennie 422 38.33 Intermediate Female Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Walton	Emily	427	37.17	Intermediate Female
Carroll Shandelle 403 40.37 Intermediate Female Woodward Mary 450 40.44 Intermediate Female Hopkinson Hannah 401 41.22 Intermediate Female	Adams	Lisa	428	37.54	Intermediate Female
WoodwardMary45040.44Intermediate FemaleHopkinsonHannah40141.22Intermediate Female	Cupitt	Jennie	422	38.33	Intermediate Female
Hopkinson Hannah 401 41.22 Intermediate Female	Carroll	Shandelle	403	40.37	Intermediate Female
·	Woodward	Mary	450	40.44	Intermediate Female
Walker Karen 417 43.18 Intermediate Female	Hopkinson	Hannah	401	41.22	Intermediate Female
	Walker	Karen	417	43.18	Intermediate Female