

Event 5 Results

28th October 2023

Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run	
Tony Hall	121	00:46:45	Senior Open	00:04:31	00:00:25	00:23:39	00:00:41	00:17:29	
Graham Hopkinson	147	00:52:09	Senior Open	00:05:06	00:00:34	00:27:38	00:00:51	00:18:00	
Brett Quantrill	141	00:52:11	Senior Open	00:05:23	00:00:37	00:27:48	00:00:29	00:17:55	
Arthur Gillard	122	00:52:34	Senior Open	00:04:47	00:00:34	00:26:44	00:00:39	00:19:50	
Patrick Kee	105	00:56:30	Senior Open	00:05:06	00:00:48	00:30:01	00:00:34	00:20:01	
Matthew Hill	113	00:56:49	Senior Open	00:05:15	00:00:39	00:31:33	00:00:52	00:18:30	
Chris Goudkamp	111	01:02:54	Senior Open	00:05:17	00:00:51	00:31:04	00:00:54	00:24:47	
David Kee	103	01:04:48	Senior Open	00:06:56	00:01:17	00:29:45	00:00:33	00:26:17	
Blake Lotz	123	01:07:07	Senior Open	00:07:07	00:01:16	00:37:08	00:00:42	00:20:55	
Sharnah Bowen	206	00:49:05	Senior Female	00:06:26	00:00:54	00:32:51	00:00:53	00:08:00	swim cycle swim
Sara Reynolds	221	01:03:06	Senior Female	00:06:11	00:01:11	00:32:50	00:00:55	00:21:58	
Tania Penrose	201	01:08:44	Senior Female	00:05:53	00:01:01	00:36:22	00:00:35	00:24:53	
Renee Dodd	203	01:14:43	Senior Female	00:05:05	00:01:34	00:37:49	00:00:50	00:29:26	
Lawrence Kee	302	00:31:57	Intermediate Open	00:05:16	00:01:33	00:15:16	00:00:22	00:09:30	
Blake Van Eck	311	00:32:36	Intermediate Open	00:05:51	00:00:48	00:15:27	00:00:25	00:10:05	
Nicholas Walton	332	00:36:50	Intermediate Open	00:04:35	00:02:12	00:17:18	00:00:36	00:12:09	
James Simpson	307	00:37:32	Intermediate Open	00:06:15	00:00:48	00:17:43	00:01:30	00:11:15	
Juliana King	441	00:33:05	Intermediate Female	00:04:34	00:00:36	00:16:02	00:00:51	00:11:02	
Emily Walton	427	00:36:07	Intermediate Female	00:05:59	00:01:45	00:17:01	00:00:40	00:10:42	
Lomani Newman	454	00:37:08	Intermediate Female	00:04:27	00:00:57	00:18:38	00:01:12	00:11:54	
Liz Simpson	435	00:37:42	Intermediate Female	00:06:53	00:00:33	00:18:39	00:00:33	00:11:04	
Milly Simpson	414	00:38:17	Intermediate Female	00:06:12	00:00:55	00:19:07	00:00:32	00:11:30	
Hannah Hopkinson	401	00:39:37	Intermediate Female	00:05:00	00:00:40	00:19:11	00:00:34	00:14:12	
Indi Rawson	404	00:39:44	Intermediate Female	00:04:44	00:01:02	00:21:36	00:00:50	00:11:32	
Heather Whyte	420	00:40:05	Intermediate Female	00:06:23	00:01:16	00:19:08	00:00:44	00:12:34	
Shandelle Carrol	403	00:42:46	Intermediate Female	00:07:21	00:00:53	00:18:45	00:00:45	00:15:02	
Eboni Rawson	430	00:43:08	Intermediate Female	00:04:56	00:01:46	00:23:40	00:00:29	00:12:17	
Mary Woodward	450	00:45:11	Intermediate Female	00:08:39	00:00:51	00:18:21	00:00:56	00:16:24	
Karen Walker	417	00:53:53	Intermediate Female	00:10:17	00:01:03	00:22:33	00:01:41	00:18:19	