| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tony Hall | 121 | 00:46:09 | Senior Open | 00:04:31 | 00:00:27 | 00:22:08 | 00:00:39 | 00:18:23 |
| Dan Smith | 120 | 00:49:54 | Senior Open | 00:04:20 | 00:00:35 | 00:26:18 | 00:00:50 | 00:17:51 |
| Dean Cranney | 115 | 00:49:57 | Senior Open | 00:05:08 | 00:00:37 | 00:25:50 | 00:01:00 | 00:17:21 |
| Brett Quantrill | 141 | 00:50:37 | Senior Open | 00:05:22 | 00:00:41 | 00:26:07 | 00:00:29 | 00:17:58 |
| Graham Hopkinson | 147 | 00:51:48 | Senior Open | 00:05:14 | 00:00:47 | 00:26:08 | 00:00:46 | 00:18:53 |
| Patrick Kee | 105 | 00:54:17 | Senior Open | 00:04:51 | 00:00:43 | 00:28:34 | 00:00:33 | 00:19:37 |
| Daniel Bice | 112 | 00:56:45 | Senior Open | 00:05:04 | 00:00:57 | 00:29:01 | 00:01:01 | 00:20:43 |
| Craig Hoddinott | 145 | 01:00:58 | Senior Open | 00:05:45 | 00:01:14 | 00:32:00 | 00:00:40 | 00:21:20 |
| Blake Lotz | 123 | 01:01:46 | Senior Open | 00:06:35 | 00:01:20 | 00:33:43 | 00:00:28 | 00:19:40 |
| Richard Wellm | 119 | 01:03:23 | Senior Open | 00:06:55 | 00:00:40 | 00:29:24 | 00:00:33 | 00:25:51 |
| David Kee | 103 | 01:04:37 | Senior Open | 00:06:42 | 00:01:24 | 00:28:32 | 00:00:40 | 00:27:19 |
| Chris Goudkamp | 111 | 01:05:36 | Senior Open | 00:05:40 | 00:00:57 | 00:30:18 | 00:00:58 | 00:27:43 |
| Miranda Quantrill | 202 | 00:54:28 | Senior Female | 00:04:46 | 00:01:06 | 00:30:18 | 00:00:30 | 00:17:49 |
| Sara Reynolds | 221 | 00:59:32 | Senior Female | 00:05:49 | 00:01:09 | 00:30:21 | 00:01:07 | 00:21:07 |
| Melanie Reeves | 220 | 01:01:35 | Senior Female | 00:07:22 | 00:00:40 | 00:31:56 | 00:00:40 | 00:20:57 |
| Stijn Soenen | 304 | 00:29:15 | Intermediate Open | 00:05:35 | 00:01:09 | 00:16:18 | 00:00:57 | 00:05:17 |
| Lawrence Kee | 302 | 00:32:10 | Intermediate Open | 00:05:09 | 00:01:23 | 00:15:29 | 00:00:25 | 00:09:45 |
| Nicholas Walton | 332 | 00:36:11 | Intermediate Open | 00:04:48 | 00:02:14 | 00:14:57 | 00:00:39 | 00:13:34 |
| Max Bourke | 307 | DNF | Intermediate Open | 00:04:30 | 00:00:48 | 00:17:11 | 00:00:30 |  |
| Juliana King | 441 | 00:31:42 | Intermediate Female | 00:04:29 | 00:00:39 | 00:15:08 | 00:00:50 | 00:10:36 |
| Sofie Soenen | 425 | 00:33:11 | Intermediate Female | 00:05:20 | 00:00:57 | 00:16:36 | 00:00:49 | 00:09:29 |
| Indi Rawson | 404 | 00:33:18 | Intermediate Female | 00:04:23 | 00:00:58 | 00:16:57 | 00:00:41 | 00:10:19 |
| Grace Cupitt | 406 | 0:33:30 | Intermediate Female |  |  |  |  |  |
| Isa Soenen | 424 | 00:33:36 | Intermediate Female | 00:05:23 | 00:01:03 | 00:16:29 | 00:00:47 | 00:09:54 |
| Joan Gibbons | 434 | 00:35:16 | Intermediate Female | 00:06:26 | 00:01:07 | 00:15:55 | 00:01:02 | 00:10:47 |
| Elisha Dejong | 433 | 00:35:19 | Intermediate Female | 00:05:43 | 00:00:52 | 00:15:31 | 00:01:09 | 00:12:04 |
| Makaylah De Jong | 428 | 00:36:06 | Intermediate Female | 00:04:35 | 00:01:09 | 00:18:12 | 00:00:37 | 00:11:34 |
| Heather Whyte | 420 | 0:37:56 | Intermediate Female |  |  | 1 |  |  |
| Hannah Hopkinson | 401 | 00:38:44 | Intermediate Female | 00:04:57 | 00:00:49 | 00:16:37 | 00:00:36 | 00:15:46 |
| Renee Dodd | 438 | 00:46:25 | Intermediate Female | 00:14:57 | 00:01:08 | 00:16:26 | 00:00:35 | 00:13:19 |
| Milly Simpson | 414 | 00:58:08 | Intermediate Female | 00:05:59 | 00:00:54 | 00:40:01 | 00:00:51 | 00:10:23 |
| Liz Simpson | 435 | 0:59:55 | Intermediate Female | 00:06:46 | 00:00:42 |  |  |  |
| Kate Johnson | 412 | 01:01:37 | Intermediate Female | 00:07:07 | 00:01:20 | 00:38:32 | 00:00:44 | 00:13:55 |
| Karen Walker | 417 | DNF | Intermediate Female | 00:11:19 | 00:01:10 |  |  |  |
| Jennie Cupitt | 422 | DNF | Intermediate Female |  |  |  |  |  |

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