| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tony Hall | 121 | 00:46:04 | Senior Open | 00:04:32 | 00:00:24 | 00:21:38 | 00:00:36 | 00:18:54 |
| Dan Smith | 120 | 00:46:21 | Senior Open | 00:04:14 | 00:00:35 | 00:22:38 | 00:00:39 | 00:18:15 |
| Jayson Hoffman | 134 | 00:48:48 | Senior Open | 00:05:19 | 00:00:37 | 00:24:22 | 00:00:47 | 00:17:44 |
| Brett Quantrill | 141 | 00:49:59 | Senior Open | 00:05:22 | 00:00:36 | 00:25:21 | 00:00:29 | 00:18:10 |
| Dean Cranney | 115 | 00:50:22 | Senior Open | 00:05:35 | 00:00:40 | 00:25:48 | 00:00:51 | 00:17:29 |
| Graham Hopkinson | 147 | 00:50:43 | Senior Open | 00:05:01 | 00:00:34 | 00:25:37 | 00:00:42 | 00:18:50 |
| Simon Buttenshaw | 128 | 00:51:42 | Senior Open | 00:04:57 | 00:00:54 | 00:26:56 | 00:00:56 | 00:18:00 |
| Arthur Gillard | 122 | 00:52:04 | Senior Open | 00:04:46 | 00:00:33 | 00:24:53 | 00:00:34 | 00:21:18 |
| Daniel Bice | 112 | 00:55:59 | Senior Open | 00:04:52 | 00:01:05 | 00:28:11 | 00:00:51 | 00:20:59 |
| Patrick Kee | 105 | 00:57:06 | Senior Open | 00:04:47 | 00:00:43 | 00:27:41 | 00:00:33 | 00:23:23 |
| Chris Goudkamp | 111 | 01:00:12 | Senior Open | 00:05:17 | 00:00:51 | 00:28:41 | 00:00:59 | 00:24:24 |
| Craig Hoddinott | 145 | 01:00:39 | Senior Open | 00:05:57 | 00:01:06 | 00:30:26 | 00:00:40 | 00:22:31 |
| David Kee | 103 | 01:03:14 | Senior Open | 00:06:37 | 00:01:23 | 00:28:02 | 00:00:35 | 00:26:38 |
| Miranda Quantrill | 202 | 00:49:38 | Senior Female | 00:04:35 | 00:00:46 | 00:25:52 | 00:00:26 | 00:17:58 |
| Tracey Stinson | 205 | 00:54:34 | Senior Female | 00:05:12 | 00:01:05 | 00:27:05 | 00:01:05 | 00:20:07 |
| Sara Reynolds | 221 | 01:00:03 | Senior Female | 00:05:45 | 00:01:06 | 00:30:38 | 00:01:06 | 00:21:29 |
| Melanie Reeves | 220 | 01:00:33 | Senior Female | 00:07:29 | 00:00:35 | 00:30:57 | 00:00:38 | 00:20:54 |
| Tania Penrose | 201 | 01:02:49 | Senior Female | 00:05:50 | 00:01:28 | 00:30:25 | 00:00:33 | 00:24:33 |
| Elisha Dejong | 209 | 01:03:36 | Senior Female | 00:05:42 | 00:00:44 | 00:30:58 | 00:01:10 | 00:25:02 |
| Lisa Adams | 213 | 01:04:10 | Senior Female | 00:04:54 | 00:01:03 | 00:32:44 | 00:00:53 | 00:24:36 |
| Blake Van Eck | 311 | 00:31:17 | Intermediate Open | 00:05:34 | 00:00:49 | 00:14:03 | 00:00:28 | 00:10:22 |
| Lawrence Kee | 302 | 00:32:50 | Intermediate Open | 00:05:03 | 00:01:16 | 00:14:41 | 00:00:31 | 00:11:19 |
| Chad Whyte | 315 | 00:34:30 | Intermediate Open | 00:05:27 | 00:01:44 | 00:16:29 | 00:00:36 | 00:10:13 |
| Max Bourke | 307 | 00:35:17 | Intermediate Open | 00:05:53 | 00:01:07 | 00:17:36 | 00:00:30 | 00:10:11 |
| Stijn Soenen | 304 | DNF | Intermediate Open | 00:05:36 |  |  |  |  |
| Isa Soenen | 424 | 00:33:01 | Intermediate Female | 00:05:23 | 00:00:59 | 00:16:47 | 00:00:45 | 00:09:07 |
| Sofie Soenen | 425 | 00:33:07 | Intermediate Female | 00:05:24 | 00:01:04 | 00:16:08 | 00:00:52 | 00:09:38 |
| Emily Walton | 427 | 00:35:38 | Intermediate Female | 00:06:08 | 00:02:13 | 00:15:57 | 00:00:32 | 00:10:48 |
| Indi Rawson | 404 | 00:35:47 | Intermediate Female | 00:04:44 | 00:00:56 | 00:17:24 | 00:00:41 | 00:12:02 |
| Makaylah De Jong | 428 | 00:36:02 | Intermediate Female | 00:05:44 | 00:01:19 | 00:17:07 | 00:00:37 | 00:11:16 |
| Eboni Rawson | 430 | 00:36:12 | Intermediate Female | 00:05:01 | 00:01:31 | 00:17:31 | 00:00:24 | 00:11:46 |
| Heather Whyte | 420 | 00:37:24 | Intermediate Female | 00:06:07 | 00:01:11 | 00:16:39 | 00:00:42 | 00:12:46 |
| Hannah Hopkinson | 401 | 00:39:19 | Intermediate Female | 00:05:06 | 00:00:40 | 00:16:57 | 00:00:39 | 00:15:56 |
| Liz Simpson | 435 | 00:41:03 | Intermediate Female | 00:06:43 | 00:00:45 | 00:22:07 | 00:00:32 | 00:10:56 |
| Milly Simpson | 414 | 00:42:06 | Intermediate Female | 00:06:49 | 00:00:41 | 00:22:00 | 00:00:35 | 00:12:01 |
| Karen Walker | 417 | 00:55:37 | Intermediate Female | 00:11:03 | 00:01:19 | 00:23:31 | 00:01:18 | 00:18:26 |

$P$ age $P$

