| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| David Emery | 117 | 01:05:13 | Senior Open | 00:10:39 | 00:01:06 | 00:28:18 | 00:01:06 | 00:24:04 |
| James Simpson | 125 | 01:18:10 | Senior Open | 00:11:25 | 00:01:13 | 00:39:30 | 00:01:04 | 00:24:59 |
| Brendon Murray | 107 | 01:06:38 | Senior Long | 00:11:25 | 00:00:27 | 00:32:58 | 00:00:30 | 00:21:18 |
| Matt Lamont | 106 | 01:07:48 | Senior Long | 00:10:49 | 00:00:43 | 00:33:24 | 00:00:40 | 00:22:11 |
| Tony Hall | 121 | 01:11:22 | Senior Long | 00:13:06 | 00:00:26 | 00:32:55 | 00:00:45 | 00:24:10 |
| Ben Hall | 129 | 01:16:18 | Senior Long | 00:12:54 | 00:00:41 | 00:36:41 | 00:00:55 | 00:25:07 |
| Miranda Quantrill | 202 | 01:19:38 | Senior Long | 00:13:31 | 00:00:45 | 00:40:10 | 00:00:32 | 00:24:40 |
| Graham Hopkinson | 147 | 01:20:38 | Senior Long | 00:15:18 | 00:00:36 | 00:39:01 | 00:00:44 | 00:24:58 |
| Arthur Gillard | 122 | 01:21:31 | Senior Long | 00:14:24 | 00:00:41 | 00:37:52 | 00:00:39 | 00:27:55 |
| Dean Cranney | 115 | 01:22:25 | Senior Long | 00:15:34 | 00:00:46 | 00:40:02 | 00:00:57 | 00:25:06 |
| Patrick Kee | 105 | 01:29:10 | Senior Long | 00:15:04 | 00:02:05 | 00:44:46 | 00:00:36 | 00:26:39 |
| Matthew Hill | 113 | 01:30:31 | Senior Long | 00:15:52 | 00:00:45 | 00:46:41 | 00:00:42 | 00:26:31 |
| Blake Lotz | 123 | 01:31:00 | Senior Long | 00:18:28 | 00:01:21 | 00:44:15 | 00:01:06 | 00:25:50 |
| Craig Hoddinott | 145 | 01:32:23 | Senior Long | 00:16:20 | 00:01:26 | 00:44:47 | 00:00:48 | 00:29:03 |
| Ross Woodward | 110 | 01:33:41 | Senior Long | 00:14:43 | 00:00:42 | 00:44:00 | 00:01:01 | 00:33:15 |
| Chris Goudkamp | 111 | 01:37:11 | Senior Long | 00:15:27 | 00:01:08 | 00:44:47 | 00:01:06 | 00:34:43 |
| Lawrence Kee | 302 | 01:38:53 | Senior Long | 00:17:02 | 00:01:32 | 00:50:06 | 00:00:53 | 00:29:20 |
| Lisa Adams | 213 | 01:39:12 | Senior Long | 00:14:45 | 00:01:11 | 00:49:50 | 00:01:01 | 00:32:26 |
| David Kee | 103 | 01:41:55 | Senior Long | 00:18:26 | 00:01:33 | 00:42:42 | 00:00:44 | 00:38:30 |
| Tania Penrose | 201 | 01:42:22 | Senior Long | 00:17:50 | 00:01:05 | 00:49:43 | 00:00:55 | 00:32:50 |
| Melanie Reeves | 220 | 01:07:58 | Senior Female | 00:13:15 | 00:00:49 | 00:30:58 | 00:00:40 | 00:22:16 |
| Mason Diplock | 322 | 00:59:49 | Intermediate Long | 00:07:58 | 00:00:44 | 00:31:13 | 00:00:30 | 00:19:24 |
| Isa Soenen | 424 | 01:03:56 | Intermediate Long | 00:10:29 | 00:00:44 | 00:32:03 | 00:00:36 | 00:20:03 |
| Sofie Soenen | 425 | 01:04:19 | Intermediate Long | 00:10:32 | 00:00:43 | 00:31:56 | 00:00:40 | 00:20:28 |
| Indi Rawson | 404 | 01:07:55 | Intermediate Long | 00:09:02 | 00:01:01 | 00:32:20 | 00:00:41 | 00:24:51 |
| Chad Whyte | 315 | 01:09:55 | Intermediate Long | 00:10:28 | 00:01:53 | 00:32:41 | 00:01:02 | 00:23:51 |
| Eboni Rawson | 430 | 01:10:44 | Intermediate Long | 00:09:54 | 00:01:14 | 00:32:40 | 00:00:36 | 00:26:21 |
| Sharnah Bowen | 433 | 01:12:26 | Intermediate Long | 00:12:52 | 00:01:07 | 00:29:49 | 00:01:10 | 00:27:29 |
| Liz Simpson | 435 | 01:12:39 | Intermediate Long | 00:12:36 | 00:00:48 | 00:33:40 | 00:00:45 | 00:24:50 |
| Heather Whyte | 420 | 01:16:36 | Intermediate Long | 00:12:04 | 00:01:20 | 00:33:26 | 00:00:54 | 00:28:52 |
| Blake Van Eck | 311 | 01:17:26 | Intermediate Long | 00:12:28 | 00:00:37 | 00:32:43 | 00:00:32 | 00:31:07 |
| Milly Simpson | 414 | 01:18:14 | Intermediate Long | 00:12:15 | 00:00:42 | 00:39:08 | 00:00:42 | 00:25:28 |
| Hannah Hopkinson | 401 | 01:19:07 | Intermediate Long | 00:10:03 | 00:00:45 | 00:35:31 | 00:00:43 | 00:32:05 |
| Mary Woodward | 450 | 00:43:45 | Intermediate Female | 00:08:28 | 00:00:51 | 00:17:03 | 00:00:59 | 00:16:25 |

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