## 6th January 2024

| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tony Hall | 121 | 00:46:49 | Senior Open | 00:04:36 | 00:00:24 | 00:22:15 | 00:00:37 | 00:18:58 |
| Dean Cranney | 115 | 00:50:05 | Senior Open | 00:05:02 | 00:00:40 | 00:25:46 | 00:01:04 | 00:17:33 |
| Graham Hopkinson | 147 | 00:50:44 | Senior Open | 00:05:03 | 00:00:36 | 00:25:45 | 00:00:40 | 00:18:41 |
| Brett Quantrill | 141 | 00:51:26 | Senior Open | 00:05:24 | 00:00:45 | 00:26:43 | 00:00:28 | 00:18:06 |
| Arthur Gillard | 122 | 00:52:43 | Senior Open | 00:04:50 | 00:00:44 | 00:25:27 | 00:00:41 | 00:21:02 |
| Jayson Hoffman | 134 | 00:52:45 | Senior Open | 00:05:24 | 00:00:37 | 00:25:01 | 00:00:59 | 00:20:43 |
| Alex Wellm | 116 | 00:52:55 | Senior Open | 00:03:55 | 00:00:52 | 00:28:49 | 00:00:27 | 00:18:52 |
| Dan Smith | 120 | 00:53:43 | Senior Open | 00:04:17 | 00:00:40 | 00:25:55 | 00:00:45 | 00:22:07 |
| Patrick Kee | 105 | 00:57:08 | Senior Open | 00:04:39 | 00:00:49 | 00:28:24 | 00:00:33 | 00:22:44 |
| Ross Woodward | 110 | 00:58:06 | Senior Open | 00:04:56 | 00:00:39 | 00:28:20 | 00:00:52 | 00:23:19 |
| Craig Hoddinott | 145 | 00:59:26 | Senior Open | 00:05:25 | 00:01:03 | 00:30:13 | 00:00:37 | 00:22:08 |
| Chris Goudkamp | 111 | 01:02:32 | Senior Open | 00:05:22 | 00:00:53 | 00:29:52 | 00:00:50 | 00:25:35 |
| Blake Lotz | 123 | 01:03:42 | Senior Open | 00:06:28 | 00:01:21 | 00:34:08 | 00:01:34 | 00:20:12 |
| Richard Wellm | 119 | 01:04:35 | Senior Open | 00:07:02 | 00:00:35 | 00:29:59 | 00:00:40 | 00:26:20 |
| David Kee | 103 | 01:05:38 | Senior Open | 00:06:55 | 00:01:17 | 00:29:21 | 00:00:41 | 00:27:24 |
| Des Gooda | 127 | DNF | Senior Open | 00:04:23 | 00:00:46 | 00:27:45 |  |  |
| Miranda Quantrill | 202 | 00:49:44 | Senior Female | 00:04:29 | 00:00:38 | 00:25:59 | 00:00:40 | 00:17:59 |
| Tracey Stinson | 205 | 00:55:46 | Senior Female | 00:04:54 | 00:00:59 | 00:29:04 | 00:01:00 | 00:19:49 |
| Sara Reynolds | 221 | 01:01:23 | Senior Female | 00:05:36 | 00:01:17 | 00:31:28 | 00:01:03 | 00:21:59 |
| Melanie Reeves | 220 | 01:03:19 | Senior Female | 00:07:45 | 00:00:39 | 00:32:53 | 00:00:43 | 00:21:19 |
| Tania Penrose | 201 | 01:04:20 | Senior Female | 00:05:34 | 00:00:59 | 00:32:18 | 00:00:40 | 00:24:50 |
| Mason Diplock | 322 | 00:30:09 | Intermediate Open | 00:04:08 | 00:00:48 | 00:15:29 | 00:00:24 | 00:09:20 |
| Blake Van Eck | 311 | 00:33:09 | Intermediate Open | 00:05:46 | 00:00:39 | 00:15:26 | 00:00:32 | 00:10:47 |
| Nicholas Walton | 332 | 00:33:17 | Intermediate Open | 00:04:25 | 00:01:29 | 00:16:02 | 00:00:29 | 00:10:52 |
| Chad Whyte | 315 | 00:34:46 | Intermediate Open | 00:05:29 | 00:01:39 | 00:16:13 | 00:00:40 | 00:10:45 |
| Lawrence Kee | 302 | 00:35:27 | Intermediate Open | 00:05:10 | 00:01:12 | 00:15:34 | 00:00:37 | 00:12:55 |
| Tobias Glazebrook | 323 | 00:39:33 | Intermediate Open | 00:07:36 | 00:01:34 | 00:17:34 | 00:00:48 | 00:12:03 |
| Indi Rawson | 404 | 00:34:29 | Intermediate Female | 00:04:46 | 00:01:03 | 00:17:23 | 00:00:34 | 00:10:43 |
| Milly Simpson | 414 | 00:35:05 | Intermediate Female | 00:06:17 | 00:00:36 | 00:17:11 | 00:00:40 | 00:10:21 |
| Sharnah Bowen | 433 | 00:35:10 | Intermediate Female | 00:06:20 | 00:00:54 | 00:14:37 | 00:01:03 | 00:12:16 |
| Eboni Rawson | 430 | 00:35:22 | Intermediate Female | 00:04:51 | 00:01:05 | 00:16:16 | 00:00:37 | 00:12:33 |
| Liz Simpson | 435 | 00:35:50 | Intermediate Female | 00:06:26 | 00:00:37 | 00:17:10 | 00:00:32 | 00:11:04 |
| Heather Whyte | 420 | 00:39:06 | Intermediate Female | 00:06:08 | 00:01:21 | 00:17:41 | 00:00:40 | 00:13:17 |
| Alice Cupitt | 423 | 00:39:16 | Intermediate Female | 00:05:28 | 00:01:48 | 00:19:03 | 00:00:45 | 00:12:12 |
| Hannah Hopkinson | 401 | 00:40:17 | Intermediate Female | 00:05:00 | 00:00:44 | 00:18:51 | 00:00:38 | 00:15:04 |
| Shandelle Carrol | 403 | 00:41:33 | Intermediate Female | 00:07:12 | 00:00:55 | 00:17:22 | 00:00:47 | 00:15:17 |
| Mary Woodward | 450 | 00:43:56 | Intermediate Female | 00:08:14 | 00:00:44 | 00:17:53 | 00:00:58 | 00:16:07 |
| Rowena Lamont | 456 | 00:44:11 | Intermediate Female | 00:06:45 | 00:01:22 | 00:19:46 | 00:00:41 | 00:15:37 |
| Alani Lamont | 434 | 00:44:11 | Intermediate Female | 00:06:42 | 00:01:23 | 00:19:49 | 00:00:41 | 00:15:36 |
| Sarah Biersteker | 431 | 00:46:43 | Intermediate Female | 00:06:34 | 00:01:48 | 00:20:14 | 00:01:02 | 00:17:05 |
| Karen Walker | 417 | 00:52:50 | Intermediate Female | 00:10:48 | 00:01:17 | 00:22:09 | 00:01:06 | 00:17:31 |

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