| Name | Race No | Time | Category | Swim | T1 | Cycle | T2 | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Brendon Murray | 107 | 01:06:58 | Senior Long | 00:11:13 | 00:00:28 | 00:33:45 | 00:00:33 | 00:20:59 |
| Dan Smith | 120 | 01:10:05 | Senior Long | 00:12:28 | 00:00:39 | 00:32:45 | 00:00:35 | 00:23:39 |
| Tony Hall | 121 | 01:10:10 | Senior Long | 00:12:40 | 00:00:29 | 00:32:39 | 00:00:38 | 00:23:45 |
| Wayne Foster | 130 | 01:14:10 | Senior Long | 00:14:22 | 00:01:01 | 00:36:04 | 00:01:01 | 00:21:42 |
| Ben Hall | 129 | 01:14:24 | Senior Long | 00:12:44 | 00:00:36 | 00:36:22 | 00:00:56 | 00:23:46 |
| Graham Hopkinson | 147 | 01:19:07 | Senior Long | 00:15:13 | 00:00:40 | 00:39:12 | 00:00:41 | 00:23:21 |
| Dean Cranney | 115 | 01:19:09 | Senior Long | 00:16:11 | 00:00:31 | 00:38:58 | 00:00:56 | 00:22:33 |
| Arthur Gillard | 122 | 01:21:14 | Senior Long | 00:14:24 | 00:00:41 | 00:38:15 | 00:00:44 | 00:27:10 |
| Juliana King | 206 | 01:23:31 | Senior Long | 00:12:47 | 00:00:37 | 00:42:21 | 00:00:34 | 00:27:12 |
| Sara Reynolds | 221 | 01:32:51 | Senior Long | 00:16:41 | 00:01:11 | 00:45:45 | 00:00:55 | 00:28:19 |
| Blake Lotz | 123 | 01:35:51 | Senior Long | 00:19:03 | 00:01:22 | 00:49:05 | 00:00:41 | 00:25:40 |
| Lawrence Kee | 302 | 01:36:28 | Senior Long | 00:16:16 | 00:01:28 | 00:51:31 | 00:00:26 | 00:26:47 |
| Chris Goudkamp | 111 | 01:38:42 | Senior Long | 00:15:08 | 00:01:11 | 00:45:49 | 00:00:56 | 00:35:39 |
| David Kee | 103 | 01:41:06 | Senior Long | 00:20:44 | 00:01:35 | 00:42:38 | 00:00:46 | 00:35:24 |
| Tania Penrose | 201 | 01:47:03 | Senior Long | 00:17:32 | 00:01:03 | 00:52:40 | 00:00:40 | 00:35:08 |
| Melanie Reeves | 220 | 01:07:12 | Senior Female | 00:12:36 | 00:00:45 | 00:30:30 | 00:00:39 | 00:22:41 |
| Elisha Dejong | 209 | 01:11:14 | Senior Female | 00:11:15 | 00:00:48 | 00:32:58 | 00:01:05 | 00:25:09 |
| Joan Gibbons | 204 | 01:13:17 | Senior Female | 00:12:39 | 00:01:19 | 00:32:57 | 00:01:23 | 00:24:59 |
| Nicholas Walton | 332 | 0:32:49 | Intermediate Open | 0:04:16 | 00:01:41 | 00:15:05 | 00:00:43 | 00:11:03 |
| Max Bourke | 307 | 00:35:53 | Intermediate Open | 00:05:08 | 00:01:07 | 00:16:41 | 00:00:35 | 00:12:22 |
| Blake Van Eck | 311 | 01:06:52 | Intermediate Long | 00:13:27 | 00:01:06 | 00:31:11 | 00:00:31 | 00:20:37 |
| Eboni Rawson | 430 | 01:07:10 | Intermediate Long | 00:09:45 | 00:01:01 | 00:32:52 | 00:00:45 | 00:22:48 |
| Chad Whyte | 315 | 01:09:29 | Intermediate Long | 00:10:20 | 00:02:19 | 00:32:54 | 00:01:04 | 00:22:52 |
| Indi Rawson | 404 | 01:11:08 | Intermediate Long | 00:09:05 | 00:01:02 | 00:33:28 | 00:00:45 | 00:26:47 |
| Sharnah Bowen | 433 | 01:13:26 | Intermediate Long | 00:12:40 | 00:01:15 | 00:29:34 | 00:01:12 | 00:28:44 |
| Heather Whyte | 420 | 1:15:52 | Intermediate Long |  |  |  |  |  |
| Hannah Hopkinson | 401 | 01:18:27 | Intermediate Long | 00:09:54 | 00:00:46 | 00:34:37 | 00:00:38 | 00:32:32 |
| Shandelle Carrol | 403 | 01:24:15 | Intermediate Long | 00:13:25 | 00:00:51 | 00:35:21 | 00:00:53 | 00:33:46 |
| Emily Walton | 427 | 0:36:01 | Intermediate Female | 0:06:09 | 00:01:11 | 00:17:03 | 00:00:36 | 00:11:01 |
| Jennie Cupitt | 422 | 00:38:12 | Intermediate Female | 00:06:32 | 00:01:33 | 00:16:42 | 00:00:41 | 00:12:43 |
| Sarah Biersteker | 431 | 00:44:46 | Intermediate Female | 00:06:15 | 00:01:05 | 00:19:33 | 00:00:58 | 00:16:56 |
| Karen Walker | 417 | 00:53:38 | Intermediate Female | 00:10:45 | 00:01:21 | 00:19:45 | 00:01:42 | 00:20:05 |

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