

Senior Open 7th Point Score

2nd March 2024

Name	Race No	Time	Category	Swim	T1	Cycle	T2	Run	Place
Matt Lamont	106	00:47:52	Senior Open	00:07:15	00:00:39	00:22:50	00:00:36	00:16:32	
Matthew Hill	113	00:59:55	Senior Open	00:10:06	00:00:41	00:29:57	00:00:41	00:18:30	1
Tony Hall	121	00:49:11	Senior Open	00:08:26	00:00:26	00:21:35	00:00:38	00:18:06	2
Patrick Kee	105	00:56:26	Senior Open	00:10:10	00:00:57	00:26:52	00:00:29	00:17:58	3
Wayne Foster	130	00:51:04	Senior Open	00:08:26	00:00:51	00:23:45	00:00:58	00:17:04	4
Graham Hopkinson	147	00:55:43	Senior Open	00:09:53	00:00:35	00:25:42	00:00:39	00:18:55	
Daniel Bice	112	01:01:11	Senior Open	00:10:08	00:00:59	00:28:22	00:00:50	00:20:52	
Craig Hoddinott	145	01:03:18	Senior Open	00:10:33	00:01:06	00:29:04	00:00:35	00:22:00	
Dean Cranney	115	00:55:27	Senior Open	00:10:47	00:00:43	00:25:47	00:00:57	00:17:14	
Chris Goudkamp	111	01:07:23	Senior Open	00:10:07	00:00:53	00:29:51	00:00:52	00:25:40	
Ross Woodward	110	01:04:51	Senior Open	00:10:02	00:00:52	00:29:16	00:01:03	00:23:39	
Jayson Hoffman	134	00:53:24	Senior Open	00:10:27	00:00:35	00:25:09	00:00:37	00:16:35	
Brett Quantrill	141	00:58:40	Senior Open	00:10:48	00:00:39	00:28:40	00:00:39	00:17:54	
David Kee	103	01:12:16	Senior Open	00:13:23	00:01:21	00:29:05	00:00:36	00:27:50	
David Emery	117	DNF	Senior Open	00:10:21	00:00:54				
Tania Penrose	201	01:01:22	Senior Female	00:11:56	00:01:52	00:35:31	00:01:02	00:11:02	s r s
Juliana King	206	00:57:42	Senior Female	00:08:40	00:00:35	00:27:45	00:00:34	00:20:09	1
Sara Reynolds	221	01:03:32	Senior Female	00:11:07	00:01:09	00:28:56	00:00:53	00:21:27	1
Lisa Adams	213	01:04:41	Senior Female	00:09:01	00:01:06	00:30:54	00:00:43	00:22:57	3
Elisha Dejong	209	01:09:13	Senior Female	00:11:05	00:00:48	00:31:24	00:00:55	00:25:01	4
Melanie Reeves	220	01:10:16	Senior Female	00:12:49	00:00:43	00:33:01	00:00:55	00:22:48	
Blake Van Eck	311	00:29:38	Intermediate Open	00:06:11	00:00:34	00:14:00	00:00:22	00:08:31	1
Lawrence Kee	302	00:30:46	Intermediate Open	00:05:04	00:00:46	00:15:10	00:00:27	00:09:19	2
Nicholas Walton	332	00:34:10	Intermediate Open	00:04:45	00:01:19	00:16:18	00:00:45	00:11:04	3
Hannah Hopkinson	401	00:37:46	Intermediate Female	00:05:02	00:00:47	00:17:17	00:00:34	00:14:06	1
Jennie Cupitt	422	00:37:59	Intermediate Female	00:07:08	00:01:31	00:17:09	00:00:32	00:11:39	2
Milly Simpson	414	00:33:10	Intermediate Female	00:05:44	00:00:34	00:16:19	00:00:28	00:10:05	3
Shandelle Carrol	403	00:41:42	Intermediate Female	00:07:07	00:00:49	00:17:50	00:00:43	00:15:13	4
Eboni Rawson	430	00:33:29	Intermediate Female	00:05:09	00:00:57	00:15:42	00:00:31	00:11:10	
Heather Whyte	420	00:38:28	Intermediate Female	00:07:00	00:00:54	00:17:11	00:00:46	00:12:36	
Sharnah Bowen	433	00:36:55	Intermediate Female	00:06:34	00:00:52	00:15:17	00:01:08	00:13:05	
Indi Rawson	404	00:35:47	Intermediate Female	00:04:25	00:00:44	00:16:15	00:00:49	00:13:34	
Mary Woodward	450	00:46:11	Intermediate Female	00:08:33	00:00:49	00:18:05	00:00:56	00:17:47	
Karen Walker	417	00:55:08	Intermediate Female	00:11:50	00:01:25	00:22:12	00:01:21	00:18:21	